Gaming is becoming more and more popular. Online gaming can bring potential risk to children which is why it is important that as adults, we keep up to speed. We've included some advice and links to useful resources which we hope you will find useful.

**taminggaming.com**

[taminggaming.com](https://www.taminggaming.com/) allows you to find out more about the games your children are playing online. It was search features which allow you to quickly find the content which is relevant to you and your child. Click on the link above to access the site.

[taminggaming.com](https://www.taminggaming.com/) also produces a monthly newsletter which is free for parents/carers to subscribe to.

**Monitoring screen time on Xbox and Playstation**

To find out how to limit your childs screen time on the XBox or Playstation, click on the following links: