Empowering young people to tackle loneliness <u>head on</u>



Building Connections is an NSPCC service. Over 11 sessions, young people up to the age of 19 discover tools that help them find a way through loneliness.

Build SUPPORT. Build CONFIDENCE. Build CONNECTIONS.

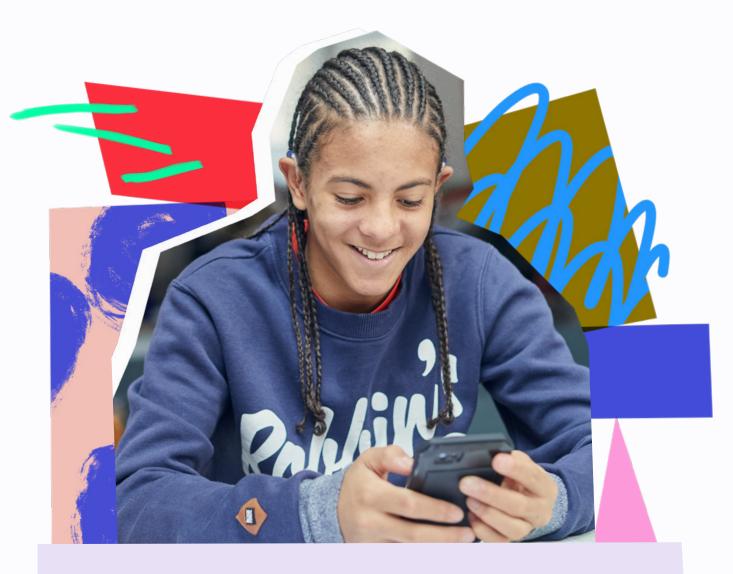
Find out more by visiting NSPCC Learning

Building Connections

An NSPCC service

Building Connections

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